



# Autism Housing Network of Alberta

RESOURCES: Starting a Peer Support group: It's EASY! Feb 22 meeting

We had a very productive meeting last week! Thank you to Kirsti Mardell for discussing Peer Support, the benefits and how easy it can be to get involved!

Thank you to those who stepped up to start Peer Support in your area or area of interest! Our Peer Support leaders are in process of connecting with Kirsti for *one on one consultations* to get their group off the ground.

If you missed the session, but want to become involved please email me and I will connect you.

Please also see:

1. attached **Recording** of the Session.
2. attached Starting a **Peer Support group: Step by Step**
3. look out for Peer Support opportunities in your area and get involved!

I found the below groups, of which you may decide to join:

<https://www.facebook.com/groups/search/groups/?q=autism%20alberta&sde=AbotKqEx6VFO7Xg9wiFDgE3hDSnw1teizHLB49vZpXF3bLbxyZ00OuvrfrGEGCpzofDakrn8opGG9ML5UM4eRoBs>

[https://twitter.com/search?q=autism&src=typed\\_query&f=user](https://twitter.com/search?q=autism&src=typed_query&f=user)

<https://www.instagram.com/> Enter "Autism" or "Autism Alberta" in the search bar after logging in

<https://autismalberta.ca/support-groups/>

<https://www.autismedmonton.org/programs/#>

<https://autismcalgary.com/upcoming-support-recreation-groups/>



If you are apart of a group and/or want to organize a meeting or event that is housing related, please let me know, as I am happy to help!

Next month we will be re-focusing our attention directly on housing as we explore *Viewing, Applying, Approval! Searching for Market Housing*. Keep your eye out for the next invitation!

See you all soon,

A handwritten signature in black ink, consisting of several loops and a long horizontal tail.