



Autism Housing Network of Alberta

RESOURCES: Informal Supports Exploration: March 22, 2023 meeting

Thank you for attending the meeting. What a great turn-out and opportunity for rich conversation; notes from your break-out rooms are attached!

There were so many resources that were shared. I've attached them and also coded them to their corresponding subject matter and moderator as per below:

1. **Out of Pocket Paid Supports and Technology** *Medicine Hat: Family Resource Centre*
Becky beckyp@autismalberta.ca
 - 1. Leanne Missal Fee Schedule, 1. Assistive Technology List

2. **Natural supports and Skills Training and Support** *Autism Edmonton (Advocate)*
Laura Lee resourceadv@autismedmonton.org
 - 2. Circle of Supports, 2a. Circle of Supports Group notes, 2. 4 Steps for teaching a person a skill

3. **Roommates and Supportive Roommates** *Autism Edmonton (Adult Supports Coordinator)*
Terri Lynn adultsupports@autismedmonton.org
 - 3. Pros and Cons, 3. Roommate Agreement Fillable

4. **Supportive Landlords and Home adaptation** *Calgary Housing Coordinator*
John john.seigner@sinneavefoundation.org
 - 4. ASPECTSS (Autistic design), 4. Supportive Landlord Toolkit
 - CMHC: Accessible and Adaptable Housing:
<https://www.cmhc-schl.gc.ca/en/professionals/industry-innovation-and-leadership/industry-expertise/accessible-adaptable-housing>



5. In-person Supportive Landlords

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housing@autismalberta.ca

Edmonton Housing Coordinator

- Gateway Holistic: <https://gateway-holistic.com/> (Supportive landlord and services provider)

Please also visit the **Alberta Autism Society: Family Resource Centre** website and check out the new look! The Autism portion of the site is currently under construction, however it is worth checking out, as there are tons of helpful resources under the All-disabilities tab, in addition to contact information for the Family Resource Centre Coordinator in your area: <https://autismalberta.ca/>

Our next meeting will be **April 26th at 6:30pm (last Wednesday of the month)**. We will review the poll results (attached) and use them as a basis for choosing next month's topic.

If you answered "other" to the poll question regarding future meeting topics, please send me an email and let me know what you want to talk about!

Similarly, if you answered "yes" or "maybe" to the poll question regarding starting a Peer Support/Discussion group in your area, please send me an email; I'd love to discuss further!

Kind regards everyone! I look forward to seeing you all again next month!