



Autism Housing Network of Alberta

Starting a Peer Support Group: It's EASY!

1. Find out more about Peer Support:

Kirsti Mardell Guest Speaker: See AHNA April 26th Recorded Session

<http://www.ddalliance.org.au/setting-up--running-a-peer-support-group.html>

2. Choose a topic and advertise:

- Topics can be regional, changing, broad or specific: Pick something that motivates you!
- Advertising suggestions: Facebook, Twitter, Social Media, Poster at schools, daycares, Library, Recreational facilities, seniors drop-ins, community league, radio, other support groups, grocery stores, local newspapers, other networking groups, connect with your local **Family Resource Centre Coordinator**:
<https://autismalberta.ca/>

3. Below are some resources for advertising:

How to create a group on Facebook: <https://www.youtube.com/watch?v=Eh6BdkKPslo>

How to host a Zoom meeting:

https://www.google.com/search?q=zoom+youtube&rlz=1C1CHBF_enCA1039CA1039&oq=zoom+youtube&aqs=chrome..69i57j0i512i9.6002j0j15&sourceid=chrome&ie=UTF-8#fpstate=ive&vld=cid:c2f761ab.vid:4QyiUAce2MU

Free Poster Making Software:

<https://www.postermywall.com/index.php/posterbuilder/copy/233f0701be1328754618bb5581eca4fc#.ZEgiuHbMKUk>

4. Create an Event, find a location and meet new folks!!!

If you are based in Calgary The Sinneave Foundation has offered their space!
See below link to book:

<https://redcap.sinneavefoundation.org/redcap/surveys/?s=YW877YJJPEN8ERPK>