

# Types of Supportive Housing in Canada

Housing is important – our home is where we live much of our life. It should be a place of community, safety and enjoyment. Determining the ideal type of housing can be confusing, and finding that home can be very challenging. Housing options must offer the supports that are needed, and be affordable and sustainable. Below are some common types of supported housing for autistic individuals and individuals with intellectual disability.



## Community Living

Individual or shared units have communal support on site. This type of housing suits those who are relatively independent, but would benefit from localized supports.

<p><b>Cost</b> \$\$\$\$\$ specialized suite</p>	<p><b>Extent of Support</b> +++++</p>	<p><b>Availability</b> ****** limited</p>	
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## Semi-independent Living – “Light Supports”

Independent individuals who want their own housing unit, but desire limited light support. Communal space for social interaction, meals, recreation and programming may be offered.

	<p><b>Cost</b> \$\$\$\$\$ market cost</p>	<p><b>Extent of Support</b> +++++</p>	<p><b>Availability</b> ***** some communities</p>
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## Supportive Roommates

Roommate(s) provide support, yet independence. This approach can be integrated into various housing environments, and offers a balance of support and independence.

<p><b>Cost</b> \$\$\$\$\$</p>	<p><b>Extent of Support</b> +++++</p>	<p><b>Availability</b> *****</p>	
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## Home Sharing

A family unit opens their home, potentially providing 24/7 support in an inclusive family environment. This type of housing can accommodate varied levels of needed support.

	<p><b>Cost</b> \$\$\$\$\$</p>	<p><b>Extent of Support</b> +++++</p>	<p><b>Availability</b> *****</p>
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## Community Care (Group Home/Home Collectivity)

A supportive home environment (often for 3 or 4 people) offers 24/7 support in a community care setting. Government funding support is typically in place.

<p><b>Cost</b> \$\$\$\$\$</p>	<p><b>Extent of Support</b> +++++</p>	<p><b>Availability</b> ***** varied/limited</p>	
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Thanks to all those who assisted us in gathering information for this infographic. For additional information please visit: [AIDECanada.ca](http://AIDECanada.ca)



Note: Individuals with substantial support needs (e.g., complex medical or mental health needs) may require residential care in the form of assisted living or skilled nursing settings. Such settings are beyond the scope of this infographic.