



Autism Housing Network of Alberta

RESOURCES: Ask the Panel: Independent Living Supports and Supportive Roommates: June 28, 23 Meeting

Hello all,

We had a very productive meeting last month discussing **Independent Living Supports and Supportive Roommates** with our esteemed panelists, Ewa Bochinski (Center for Autism Services Alberta) and Andrea Mayer (Edmonton Integrated Services).

They have both graciously provided their contact information, in case you have additional questions:

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1. Below is the recording for those of you who would like to watch or re-visit:

https://us02web.zoom.us/rec/share/nb36ySRXt1se0dW6Y2AB49I3ECXPdzfWcljLUBKYqP-11H8IPNSL6ZAfvT_vEfMb.3VDe2nmbOI2_vVw8

Passcode: 2\$5=Si.0

2. Attached are some resources, courtesy of the Center for Autism Services Alberta and the Sinneave Family Foundation.
3. In addition, there were some ideas mentioned in the session of which I have summarized below:

-Alberta Aids to Daily Living:

<https://www.alberta.ca/aadl-program-manual-and-product-lists.aspx>

-Community Aids to Independent Living:

<https://www.albertahealthservices.ca/findhealth/Service.aspx?id=5600>

-Open Futures Learning:

<https://www.openfuturelearning.org/index.cfm?fuseaction=login.home>

- Kansas University Center on Developmental Disabilities: <https://selfdetermination.ku.edu/>



-Indiana University: <https://handsinautism.iupui.edu/tools-resources/individuals-with-asd/>

-Biological alarm clock: Could an emotional support animal also help cue you to wake-up, go outside and eat?

-Supportive Roommate Resources:
<https://inclusionalberta.org/fms-online-guide/fms-resources/>

Lastly, check out the new website!!! <https://autismalberta.ca/housing/>

Thank you everyone for your amazing contributions and fellowship,