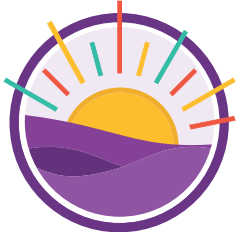


Name: _____

Date: _____



Good Day Plan

Answer each of the four parts in this Good Day Plan. Think about what happens on the best days and write or type out what happens, if it's happening now, what you can do to have a good day, and what help you can use along the way.

Good Day

What happens on a good day?

Now

Does it happen now?

Action

What needs to happen to make it a good day?

Support

Who can help me?

