

Transition to Adult Services in Alberta

A toolkit to assist you in transitioning your loved one to adult services.

For a brief video overview go here: <https://autismalberta.ca/videos/transition-to-adulthood/>

Steps in Order

- Apply for PDD (Persons with Developmental Disabilities) at age 16 (pg 2-3)
- Apply for Guardianship and Trusteeship at age 17 (pg 4-5)
- Apply for AISH (Assured Income for the Severely Handicapped) at age 17.5 (pg 6-8)

Disclaimer: Information is accurate as of December 2023





Step 1: PDD

(Persons with Developmental Disabilities)

Qualifications for PDD

- Be 16 when applying but 18 when services start
- Living in Alberta
- Canadian Citizen or Permanent Resident
- Developmental disability that occurred/began before the age of 18
- An IQ (intelligence quotient) of <70
 - Developmental Disabilities Guideline -
<https://www.humanservices.alberta.ca/pdd-online/developmental-disabilities-guidelines.aspx>
- Significant limitations in adaptive skills
 - Adaptive Skills Inventory -
<https://www.humanservices.alberta.ca/pdd-online/documents/pdd-adaptive-skills-inventory.pdf>

Documents You Will Need

- Birth certificate, Permanent Residency Card, Passport
- Assessments such as a psychoeducational assessment that shows the full-scale IQ
- Letters or documentation about the disability from a doctor or specialist
- Documentation from any other programs they have participated in (such as FSCD, AADL, or AISH)

How to Apply

- Create a MADI (My Alberta Digital ID) account in the guardian or parent's name - <https://account.alberta.ca/login>
- Go to the My Alberta Supports page - <https://myalbertasupports.alberta.ca/CitizenPortal/application.do>
- Click on "Apply for PDD"
- Complete the application
- You may need to go back into the My Alberta Supports PDD Application to upload the documents required

Additional Information and Links

- PDD Eligibility: <https://www.alberta.ca/pdd-eligibility>
PDD How to Apply: <https://www.alberta.ca/pdd-how-to-apply>
- FAQ - Applying for PDD:
<https://open.alberta.ca/publications/pdd-frequently-asked-questions-for-professionals>
- PDD Eligibility Guidelines:
<https://www.humanservices.alberta.ca/pdd-online/developmental-disabilities-guidelines.aspx>
- PDD Application Process:
<https://www.humanservices.alberta.ca/pdd-online/eligibility-application-process.aspx>



Step 2: Guardianship & Trusteeship

Types of Guardianship

- Supported Decision Making - does not go through the court system/not legally binding.
<https://www.alberta.ca/supported-decision-making>
- Co-Decision Making
<https://www.alberta.ca/co-decision-making>
- Adult Guardianship
<https://www.alberta.ca/adult-guardianship>

How to Apply

- Complete a capacity assessment (by doctor/psychologist/capacity assessor):
<https://www.alberta.ca/supports-capacity-assessment>
 - Doctors may charge to fill out the capacity assessment
- Download and fill out the appropriate forms:
<https://www.alberta.ca/adult-guardianship>
- Submit or mail forms to the local OPGT office



Additional Information and Links

- Guardianship Tip Sheet: <https://autismalberta.ca/wp-content/uploads/2023/03/Guardianship-tip-sheet-revised-1.pdf>
- Video on Guardianship: <https://autismalberta.ca/videos/guardianship/>
- Trusteeship Tip Sheet: <https://autismalberta.ca/wp-content/uploads/2023/03/Trusteeship-Tip-Sheet-1.pdf>
- Video on Trusteeship: <https://autismalberta.ca/videos/trusteeship/>



Step 3: AISH

(Assured Income for the Severely Handicapped)

Qualifications for AISH

- 18 years of age
- Living in Alberta
- Canadian Citizen or Permanent Resident
- Not in correctional facilities or mental health facilities such as Alberta Hospital Edmonton.
- Must have a medical condition that is likely to remain permanent.
- Your medical condition must be the main factor limiting your ability to earn a living, not other factors such as your education level.
- Non-exempt assets cannot be worth more than \$100,000
- See more in-detail requirements at <https://open.alberta.ca/publications/9781460136607>
- Voice of Albertans with Disabilities (VAD) has a great checklist/tip sheet here - <https://vadsociety.ca/category/aish-tips/>

Documents You Will Need

(For applicant only; not guardians)

- Photo ID
- Social Insurance Number (SIN)
- ID for spouse and/or children, if applicable
- Proof of Alberta address
- Work history
- Family Doctor's name, address and phone number
- Name, address and phone number of any specialists seen in the past two years
- If currently on Income Support, a recent statement
- Confirmation/statements of all income sources for yourself and your spouse (if applicable)
- Confirmation/statements of all assets for the applicant (young adult) and their spouse (if applicable)
 - At least 30 days of bank statements from all accounts
 - Vehicle value
 - House - recent mortgage statements or assessments
 - Investment statements
 - Trust account statements
 - Land/Farm - statements of value for land, machinery, etc.
 - Own a business - property assessments, balance sheets, tax returns, etc.

How to Apply

- Fill out the AISH applicant form online (<https://aish.alberta.ca>) or download, print and fill out a paper copy (<https://cfr.forms.gov.ab.ca/form/DS2444A>)
- If the applicant has already been approved for PDD, you can submit the approval letter in lieu of the medical report.
- If the applicant has not been approved for PDD, you will also need to submit a Medical Report that a physician has filled out. The application can be found here - <https://cfr.forms.gov.ab.ca/form/DS2444B>. It can be uploaded as part of your online application, or you can ask the doctor to fax/mail the report in.
 - Doctors may charge to fill out the AISH Medical Report.



Additional Information and Links

- Government AISH Link - <https://www.alberta.ca/aish>
- Your guide to AISH : the Assured Income for the Severely Handicapped program - <https://open.alberta.ca/publications/9781460136607>
- See more in-detail requirements here - <https://open.alberta.ca/publications/9781460136607>
- Voice of Albertans with Disabilities (VAD) has a great checklist/tip sheet here - <https://vadsociety.ca/category/aish-tips/>