



Transition to Adult Services in Alberta

A toolkit to assist you in transitioning your loved one to adult services.

For a brief video overview go here: <https://autismalberta.ca/videos/transition-to-adulthood/>

Steps in Order

- Apply for PDD (Persons with Developmental Disabilities) at age 16 (pg 2-3)
- Apply for Guardianship and Trusteeship at age 17 (pg 4-5)
- Apply for AISH (Assured Income for the Severely Handicapped) at age 17.5 (pg 6-8)

Disclaimer: Information is accurate as of June 2024





Step 1: PDD

(Persons with Developmental Disabilities)

Qualifications for PDD

- Be 16 when applying but 18 when services start
- Living in Alberta
- Canadian Citizen or Permanent Resident
- Developmental disability that occurred/began before the age of 18
- An IQ (intelligence quotient) of <70
 - Developmental Disabilities Guideline - <https://manuals.alberta.ca/pdd-policy-manual/tools-and-resources/developmental-disabilities-guidelines>
- Significant limitations in adaptive skills
 - Adaptive Skills Inventory - <https://manuals.alberta.ca/media/fayh2x3c/pdd-adaptive-skills-inventory.pdf>

Documents You Will Need

- Birth certificate, Permanent Residency Card, Passport
- Assessments such as a psychoeducational assessment that shows the full-scale IQ
- Letters or documentation about the disability from a doctor or specialist
- Documentation from any other programs they have participated in (such as FSCD, AADL, or AISH)



How to Apply

- Go to the PDD Alberta webpagepage <https://pdd.alberta.ca/welcome>
- Click on “Start Application”
- Answer Eligibility Criteria
- Create Account
- Receive and verify email confirmation.
- Complete application and upload documents.

Additional Information and Links

- PDD Eligibility: <https://www.alberta.ca/pdd-eligibility>
- PDD How to Apply: <https://www.alberta.ca/pdd-how-to-apply>
- FAQ - Applying for PDD:
<https://open.alberta.ca/publications/pdd-frequently-asked-questions-for-professionals>
- PDD Eligibility Guidelines: <https://www.alberta.ca/pdd-eligibility>
- PDD Application Process: <https://www.alberta.ca/pdd-how-to-apply>



Step 2: Guardianship & Trusteeship

Types of Guardianship

- Supported Decision Making - does not go through the court system/not legally binding.
<https://www.alberta.ca/supported-decision-making>
- Co-Decision Making
<https://www.alberta.ca/co-decision-making>
- Adult Guardianship
<https://www.alberta.ca/adult-guardianship>

How to Apply

- Complete a capacity assessment (by doctor/psychologist/capacity assessor):
<https://www.alberta.ca/supports-capacity-assessment>
 - Doctors may charge to fill out the capacity assessment
- Download and fill out the appropriate forms:
<https://www.alberta.ca/adult-guardianship>
- Submit or mail forms to the local OPGT office



Additional Information and Links

- Guardianship Tip Sheet: <https://autismalberta.ca/wp-content/uploads/2023/03/Guardianship-tip-sheet-revised-1.pdf>
- Video on Guardianship: <https://autismalberta.ca/videos/guardianship/>
- Trusteeship Tip Sheet: <https://autismalberta.ca/wp-content/uploads/2023/03/Trusteeship-Tip-Sheet-1.pdf>
- Video on Trusteeship: <https://autismalberta.ca/videos/trusteeship/>



Step 3: AISH

(Assured Income for the Severely Handicapped)

Qualifications for AISH

- 18 years of age
- Living in Alberta
- Canadian Citizen or Permanent Resident
- Not in correctional facilities or mental health facilities such as Alberta Hospital Edmonton.
- Must have a medical condition that is likely to remain permanent.
- Your medical condition must be the main factor limiting your ability to earn a living, not other factors such as your education level.
- Non-exempt assets cannot be worth more than \$100,000
- See more in-detail requirements at <https://open.alberta.ca/publications/9781460136607>
- Voice of Albertans with Disabilities (VAD) has a great checklist/tip sheet here - <https://vadsociety.ca/category/aish-tips/>



Documents You Will Need

(For applicant only; not guardians)

- Photo ID
- Social Insurance Number (SIN)
- ID for spouse and/or children, if applicable
- Proof of Alberta address
- Work history
- Family Doctor's name, address and phone number
- Name, address and phone number of any specialists seen in the past two years
- If currently on Income Support, a recent statement
- Confirmation/statements of all income sources for yourself and your spouse (if applicable)
- Confirmation/statements of all assets for the applicant (young adult) and their spouse (if applicable)
 - At least 30 days of bank statements from all accounts
 - Vehicle value
 - House - recent mortgage statements or assessments
 - Investment statements
 - Trust account statements
 - Land/Farm - statements of value for land, machinery, etc.
 - Own a business - property assessments, balance sheets, tax returns, etc.

How to Apply

- Fill out the AISH applicant form online (<https://aish.alberta.ca>) or download, print and fill out a paper copy (<https://cfr.forms.gov.ab.ca/form/DS2444A>)
- If the applicant has already been approved for PDD, you can submit the approval letter in lieu of the medical report.
- If the applicant has not been approved for PDD, you will also need to submit a Medical Report that a physician has filled out. The application can be found here - <https://cfr.forms.gov.ab.ca/form/DS2444B>. It can be uploaded as part of your online application, or you can ask the doctor to fax/mail the report in.
 - Doctors may charge to fill out the AISH Medical Report.



Additional Information and Links

- Government AISH Link - <https://www.alberta.ca/aish>
- Your guide to AISH : the Assured Income for the Severely Handicapped program - <https://open.alberta.ca/publications/9781460136607>
- See more in-detail requirements here - <https://open.alberta.ca/publications/9781460136607>
- Voice of Albertans with Disabilities (VAD) has a great checklist/tip sheet here - <https://vadsociety.ca/category/aish-tips/>

** Autism Society Alberta does not support, endorse or recommend any method, treatment, product, remedial centre, program, service or professional for individuals with autism or disabilities. It will, however, endeavour to provide impartial information.*